



Celebration Station Volunteer: Bike to Work Week and Bike to Shop Days May 27 - June 2, 2019

About HUB Cycling

HUB Cycling is a charitable non-profit organization, established to improve cycling conditions in Metro Vancouver. We strive to remove barriers to cycling and improve the quality of our communities, our health, the environment, and local economies. We make cycling better through education, action, and events.

About Bike to Work Week & Bike to Shop Days

Bike to Work Week is a bi-annual community event that celebrates bike commuting across Metro Vancouver. HUB hosts motivational Celebration Stations on high-traffic bike paths where cyclists can stop on their morning or afternoon commute for coffee, snacks, bike tuning from mechanics and daily draws for prizes. Participants are encouraged to sign up and log their trips online as this helps us show the importance of cycling growth when we push for cycling improvements. The goal of the event is to increase the health, sustainability and livability of Metro Vancouver through active transportation.

Bike to Shop Days shows how easy and fun it is to visit shops, cafes, or restaurants by bike. Here we provide tips about the gear, techniques and routes that allow participants to easily use their bicycles for shopping trips! This weekend event includes route maps for shopping, guided rides, and celebration stations with cycling information, snacks, and free bike tune-ups.

Bike to Work Week celebrations run from May 27 - 31 and then Bike to Shop Days are on June 1 - 2.

Volunteer with HUB

We are looking for enthusiastic volunteers to help at our Celebration Stations.

Stations are held in the mornings, afternoon and evening across Metro Vancouver and volunteer shifts are 3-4 hours. It is a chance to gain experience and be part of an amazing team, while supporting Vancouver's growing cycling community!

Volunteers can help at Bike to Work Week, Bike to Shop Days, or both. We will be having a training session on Wednesday, May 15th, from 6-7:30pm at 312 Main St. The training is not mandatory but strongly recommended. We'll have snacks and it will be an opportunity to meet other awesome volunteers.

Benefits for volunteering with HUB:

- Light snacks for you at the stations
- Entries to win sweet prizes
- Invite to our member and volunteer BBQ
- A chance to meet like-minded people and make a difference in the bike community
- Those who help for more than 10 hours will receive a HUB T-shirt as an extra thank you

Volunteer roles and duties can include the following:

- Cheering and inviting people to stop at the station for free snacks, food and tune-ups
- Set-up and take-down under the direction of Bike to Work Week Coordinators
- Counting Cyclists (passing by and stopping)
- Assisting with the food and drink table
- Helping raise the profile of HUB Cycling (raising awareness of HUB programming, helping with trip planning, etc.)
- Answering questions about cycling or forwarding people to resources
- Taking photos!
- Bike to Work Week: Encouraging people to sign up and log their trips, if they haven't already, giving out Bike to Work Week cards so they know where to sign up.
- Bike to Shop Days: Encouraging people to register for Bike to Shop Day if they haven't already and letting them know about the other activities (guided rides, celebration stations, etc.).

How to apply:

If you are interested in volunteering, please fill out our [sign up form](#).

If you need more information about these events, check out [our events page on our website](#). Please don't hesitate to email us with any questions at volunteer@bikehub.ca. Thanks for your interest in supporting HUB Cycling programs, this event would not possible without your support!